

Information for Young Carers Groups

The centre can accommodate up to 60 people. The activities programme is arranged prior to arrival based on groups of up to 12 people (including adults). During your visit you will take part in 3 sessions of activities which will be lead by one instructor per group.

Typical Weekend Routine

Friday

Arrive after 4pm

Dinner 6pm ~ we can provide sandwiches and cake for late arrivals.

7.30pm Welcome talk, Fire Safety, Code of Conduct

Free time ~ swimming pool is open until 10.30pm

Saturday

Swimming Pool available from 7.30am upon request

8.30am Breakfast ~ Cereal, Toast or Cooked Breakfast

Meet for first activity session 10am

1pm Lunch ~ healthy options available upon request

Meet for second activity session 2pm

6pm Dinner

Disco 7.30pm

Sunday

Swimming Pool available from 7.30am upon request

8.30am Breakfast ~ Cereal, Toast or Cooked Breakfast

Meet for third activity session 10am

1pm Lunch ~ healthy options available upon request

Depart 2pm

MEDICAL FORMS

A medical form must be completed by *all members* of the group and returned to us no later than two weeks prior to arrival. We will also ask you to assign room allocation for your group.

DIETARY REQUIREMENTS

We can cater for medical or special dietary requirements. Your requirement should be notified to us on your completed medical form no later than two weeks prior to arrival.

CONTACT INFORMATION

Address - Calvert Trust Exmoor, Wistlandpound, Kentisbury, Barnstaple, Devon, EX31 4SJ

Main Office – 01598 763 221

Payphone – 01598 763 400 (for outgoing and incoming calls)

Out-of-hours emergency contact (CTE staff) – 01598 763 069

TRAVEL TO CENTRE

Groups should arrange their own transport to and from the centre. Parking is available on-site for cars and mini-buses. Please notify us in advance if you require coach parking.

Barnstaple has the nearest train station. Given prior notice we can arrange your pick up and return by taxi. The taxi driver should be paid in full.

VISITOR / CHILD PROTECTION

Criminal Records Bureau checks are carried out on all Calvert Trust staff and volunteers.

TRANSFER OF RESPONSIBILITIES

Calvert Trust staff will be responsible for the safety and management of participants on all Calvert Trust led activities. It is essential that visiting staff provide advice regarding individuals and offer appropriate support to enable the activities staff to properly perform their duties. Visiting staff remain *in loco parentis* at all times for participants under 18 and a similar level of responsibility will be assumed for those with learning disabilities. If a participant is withdrawn from the "led" activity for any reason, then the responsibility for those withdrawn will revert to the visiting staff.

SUPERVISION WHEN NOT ON ACTIVITIES

Visiting staff are responsible for the supervision of their groups when not in a structured session led by Calvert Trust staff. The Calvert Trust has a duty member of staff on site at all times for assistance or in the event of an emergency. The Duty Staff is a qualified First Aider. Rules regarding conduct of visitors whilst at the Centre will be discussed on arrival.

SWIMMING POOL

The pool is not directly supervised by Calvert Trust staff and therefore visitors are responsible for their own safety. A minimum of three adults should be in the pool or on pool side whenever the pool is in use. Minimum pool depth is 0.9 meters and maximum pool depth is 1.3 meters. Maximum number of people in the pool area is 20. The Calvert Trust cannot be held responsible for accidents in the pool.

VALUABLES

Whilst every care will be taken to ensure the safety of your personal possessions and valuables, Calvert Trust Exmoor can accept no liability in respect of loss or damage to such items.

BAR

The centre has a licensed bar which is open in the evenings and serves drinks and snacks. Alcohol may not be consumed by anyone under the age of 18.

SHOP

There is a small shop at reception which sells drinks, snacks and souvenirs.

ACCOMMODATION

We have single, twin and triple bedded rooms all with en-suite shower rooms. There are four apartments (young people must be supervised in the apartments by a responsible adult).

BEDDING

Duvet covers, sheets and pillow slips are provided. Towels are not provided by the centre.

MEALS

All meals are prepared and served daily at set times by our kitchen staff. Kitchen is closed at 7pm but the dining room is open 24 hours a day where drinks are provided.