

Suggested List of Clothing

- Waterproof Jacket & Trousers - If you have your own
- Warm Jumpers - A number of thin sweaters are better than one thick sweater
- Warm Trousers - 3 pairs. Jeans are not suitable for outdoor activities, tracksuit trousers etc. are more comfortable. Full-length trousers are required for horse riding - you will not be allowed to ride in shorts.
- Warm Anorak or Coat
- Gloves, Hat & Scarf
- Thick Socks
- Boots - Walking and/or Wellington boots
- Training Shoes (or similar) - Bring at least two pairs - of which one pair may be used for water sports.
- Sturdy Shoes - With heel for horse riding (horse riding is not available for weekend breaks)
- Casual Clothes - For evening use
- Swimming Costume & Towel - And goggles if needed
- Towels - Towels are not provided by the centre
- Sun cream, Sun glasses, Sun hat/ Baseball cap
- Alarm clock/ watch

If you need to wear glasses on activities you may like to purchase a lanyard or croakie

All articles of clothing should be clearly labelled

Lost Property not claimed will be disposed of after 3 months

We provide the following equipment

(But if you have your own you may prefer to bring it with you)

Day Sac

Riding Hats

Life Jacket/Buoyancy Aids

Specialist Outdoor Equipment