

School Residential Breaks 2016/17; Promoting mutual respect and disability awareness



A fantastic 4 night residential break in our accessible activity centre, all on one site.

Enjoying challenges, building confidence, gaining self-esteem and a sense of achievement. Learning that we are all differently able, and everyone should be valued and deserves respect.

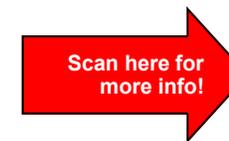
Please turn over for an example activity programme



**£215- £450 per person depending on season;
Inclusive of all meals, activities and accommodation**

“We chose Calvert Trust Exmoor because our students need to understand that all challenges can be overcome, and the Calvert Trust is a place where our students can find solutions to the challenges they’re set.

When they go back into their local community hopefully they will realise that however steep they think the challenge is, their minds will come back to the Calvert Trust, and they will know that it can be overcome, in one way or another.” Steve Coles, Fairmead School



School Residential Breaks; Typical Programme

Promoting mutual respect and disability awareness

Please Note: This is an **example** of a typical programme, rather than the specific programme that your group would undertake. Details of your specific programme will be discussed further when booking and we will work with you to best accommodate the specific needs of your group.

	Morning		Afternoon	Evening
Monday			Arrival (From 4pm) and Acclimatisation: familiarisation with the centre layout, meal times etc, welcome talk, ice breakers, looking at personal responsibility and consideration for all, hopes & fears.	
Tuesday	Challenge Course: Disability awareness introduction	Archery	Climbing: Introduction to activities, team roles and responsibilities, teamwork, challenge by choice.	Evening Entertainment*: Magic Show
Wednesday	Horse riding & Horsemanship		Crate Stack & Swing: Challenge by choice	Evening Entertainment*: Exmoor Zoo
Thursday	Workshop: strengths and weaknesses	Abseiling & Zip Wire	Canoeing /Kayaking: Group planning personal kit, team kit, making drinks bag. Group hopes & fears review	Bushcraft: evening camp craft, BBQ & games
Friday	Pack up: departure by 10am.		*Please note: Evening Entertainments are not part of the programme. They are an additional service provided free of charge to our guests by Calvert Trust Exmoor, and as such maybe subject to change or cancellation without prior notification.	

At Calvert Trust Exmoor It's what you **CAN** do that counts!



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